

# *VLCC Strengths Bucket Inventory Tool*



**Purpose:** Through structured activity this tool is designed to identify strengths a youth and or families has in a way that is less intrusive manner. This tool is designed as an Individualized tool to support team and support development. This tool is not to be used as a standard rather than on an individualized basis.

**Description:** By printing and cutting out each descriptive strength a team can place the strengths into a bucket (or similar item) and have each team member pull out a strength and identify what person on the core or extended team that owns the strength pulled from the bucket. Upon completion of this tool staff can combine all strengths mentioned into a strengths list and potentially a natural support/resource list for future planning.

**Additional Implementation Comments:**

Print and cut our each strength listed below

|                        |              |                  |                 |                       |                   |                               |
|------------------------|--------------|------------------|-----------------|-----------------------|-------------------|-------------------------------|
| Accurate               | Dedicated    | Idealistic       | Originality     | Strategic thinking    | Communicating     | Formulating                   |
| Action oriented        | Determined   | Independent      | Organized       | Tactful               | Controlling       | Finalizing                    |
| Adventurous            | Disciplined  | Ingenuity        | Outgoing        | Team oriented         | Coordinating      | Guiding a group or individual |
| Ambitious              | Educated     | Industriousness  | Patient         | Thoughtful            | Creating          | Gathering information         |
| Analytical             | Empathetic   | Inner peace      | People skills   | Thrifty               | Checking          | Generating ideas              |
| Appreciation of beauty | Energetic    | Inspiring        | Perseverance    | Tolerant              | Counseling        | Giving feedback               |
| Appreciative           | Entertaining | Integrity        | Persuasive      | Trustworthy           | Compiling         | Helping                       |
| Artistic               | Enthusiastic | Intelligent      | Persistent      | Versatile             | Coaching          | Handling                      |
| Athletic               | Fairness     | Kindness         | Practical       | Visionary             | Deciding          | Hosting                       |
| Authentic              | Fast         | Knowledgeable    | Precise         | Vitality              | Detailing         | Imagining                     |
| Bravery                | Flexible     | Leadership       | Problem solving | Warm                  | Developing people | Implementing                  |
| Caring                 | Focused      | Lively           | Prudence        | Willpower             | Directing         | Influencing                   |
| Citizenship            | Forceful     | Logical          | Respectful      | Wisdom                | Devising          | Initiating                    |
| Clever                 | Forgiveness  | Love             | Responsible     | Activating            | Discovering       | Innovating                    |
| Compassionate          | Friendly     | Love of learning | Self-assured    | Adapting              | Data input        | Interviewing                  |
| Charming               | Generous     | Mercy            | Serious         | Administering         | Empathizing       | Instructing                   |
| Communicative          | Good looking | Modesty          | Self-controlled | Analyzing information | Evaluating        | Judging                       |
| Confident              | Gratitude    | Motivated        | Speaking        | Arranging             | Examining         | Learning                      |

|                   |            |   |   |   |   |                 |
|-------------------|------------|---|---|---|---|-----------------|
| Considerate       | Helping    | Observant                               | Spirituality                                  | Advising  | Explaining                                | Listening       |
| Courageous        | Honest     | Optimistic                              | Spontaneous                                   | Budgeting   | Editing                                   | Locating        |
| Creativity        | Hope       | Open                                    | Social intelligence                           | Building teams                                    | Empowering                                | Launching       |
| Critical thinking | Humility   | Open minded                             | Social skills                                 | Briefing  | Finding                                   | Leading         |
| Curiosity         | Humorous   | Orderly                                 | Straightforward                               | Balancing   | Fixing                                    | Managing        |
| Mentoring         | Recording  | Concise in verbalizing ideas            | Clearly define and communicate issues         | Define concrete goals                             | Recognize the problem                     | Overseeing      |
| Monitoring        | Repairing  | Allow effective communication           | Gather important information                  | Explain goals in detail                           | Analyze the relevant information          | Persuading      |
| Motivating        | Reviewing  | Able to summarize and clarify           | Make decisions on the best action to take     | Create a plan to achieve goals                    | Understand cause and effect relationships | Planning        |
| Meeting people    | Scheduling | Actively listen to worker's ideas       | Implements the course of action               | Gather and assign resources                       | Develop possible solutions                | Preparing       |
| Marketing         | Selling    | Give constructive criticism to staff    | Communicate and explain decision to the staff | Motive the staff for highest level of performance | Choose the best solution and implement it | Presenting      |
| Negotiating       | Setting-up | Take time to make a personal connection | Follow up on progress of action               | Evaluate progress and provide feedback            | Recognize the problem                     | Problem-solving |

|  |  |  |   |                              |                                      |               |
|--|--|--|---|------------------------------|--------------------------------------|---------------|
| Navigating   | Supervising                            | Writing  | Learn from previous mistakes                  | Training                     | Teaching                             | Proof reading |
| Observing  | Simplifying                            | Make objectives and outcomes specific                      | Understanding                                 | Tracking details             | Team-work                            | Prioritizing  |
| Organizing   | Speaking                               | Clearly communicates objectives and outcomes               | Uniting                                       | Thinking creatively          | Trouble-shooting                     | Questioning   |
| Overhauling  | Strategizing                           | Able to fully explain tasks and delegate them              | Qualifying                                    | Updating                     | Resolving                            | Volunteering  |
| Develop checks and controls                              | Oversee staff to keep them on task     | Create and provide clear standards and expectations        | Researching                                   | Verbalizing                  | Reporting                            | Verifying     |
| Know talents of workers in order to delegate effectively | Provide staff training and development | Empower workers by delegating some of the responsibilities | Evaluate staff performance on a regular basis | Recognize efforts of workers | Support staff to increase efficiency | Upgrading     |