

BARSCH LEARNING STYLE REFERENCE FORM (developed by Ray Barsch)

The following series of questions is designed to determine your relative learning style (**Visual** / **Auditory** / **Kinaesthetic**). No style of learning is better than another. However, each style makes its own demands on the environment of learners, trainers and team members and project participants.

Place a tick on the appropriate line after each statement. Then score, following the directions after the questionnaire.

	Mostly	Sometimes	Rarely
1. Can remember more about a subject through listening than by reading.			
2. Follow written instructions better than oral activities.			
3. Like to write things down or take notes for visual review.			
4. Bear down extremely hard with my pen or pencil when writing.			
5. Require explanations of diagrams, graphs or visual directions.			
6. Enjoy working with tools.			
7. Am skilful at, and enjoy developing and making graphs and charts.			
8. Can tell if sounds match when presented with pairs of sounds.			
9. Remember best by writing things down several times.			
10. Can understand and follow directions using maps.			
11. Do better at academic subjects by listening to lectures and tapes.			
12. Like to play with coins and keys in pockets.			
13. Learn to spell better by repeating the letters out loud than by writing the words on paper.			
14. Can better understand a news article by reading about it in the paper than by listening to the radio.			
15. Chew gum, smoke or snack while studying.			
16. Feel the best way to remember something is to picture it in my head.			
17. Learn spelling by 'finger spelling' the words.			
18. Would rather listen to a good lecture or speech than read about the same material in a text book.			
19. Am good at working out jigsaw puzzles and mazes.			
20. Grip objects in my hand when I am learning something.			
21. Prefer listening to the news on the radio than reading about it in a newspaper.			
22. Obtain information on an interesting subject by reading relevant materials.			
23. Feel very comfortable touching others, hugging, handshaking, etc.			
24. Follow oral directions better than written ones.			

Ensure that you have completed all sections of part 1 before referring to the scoring procedures.

Scoring procedures:

Place the point value on the line next to its corresponding number. Next, add up the values to arrive at your preference scores under each heading.

MOSTLY = 5 POINTS

SOMETIMES = 3 POINTS

RARELY = 1

VISUAL		AUDITORY		KINAESTHETIC	
No.	Points	No.	Points	No.	Points
2	1	4
3	5	6
7	8	9
10	11	12
14	13	15
16	18	17
19	21	20
22	24	23

VPS = _____

APS = _____

KPS = _____

(Visual Preference Score)

(Auditory Preference Score)

(Kinaesthetic Preference Score)