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## Our Topics

- YOUR COMMUNITY
- CCR (Continuum of Care Reform) – What it is, where it came from, and how it affects us
- CFTs (Child & Family Teams) – What they are, why they are important, and how do they differ from other efforts
- CFTs – Introduction to successful teams

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## ACTIVITY

INTRODUCE YOURSELF,  
YOUR DISCIPLINE  
&  
A FUN FACT ABOUT YOURSELF

DO A LITTLE DISCOVERY – WHAT MIGHT BE  
ONE THING YOU ALL HAVE IN COMMON?

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## Continuum of Care Reform

A COMPREHENSIVE REFORM EFFORT TO MAKE SURE THAT YOUTH IN FOSTER CARE HAVE THEIR DAY-TO-DAY PHYSICAL, MENTAL, AND EMOTIONAL NEEDS MET; THAT THEY HAVE THE GREATEST CHANCE TO GROW UP IN PERMANENT AND SUPPORTIVE HOMES; AND THAT THEY HAVE THE OPPORTUNITY TO GROW INTO SELF-SUFFICIENT, SUCCESSFUL ADULTS.


<http://www.childsworld.ca.gov/PG2976.HTM>

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## Continuum of Care Reform

### Where did it come from?

- Foster Care Reform began in California in 1990 (Relating to classification structure)
- Changes made in 1993 (Children under 6)
- More service-based group home care – 1998
- 2007 – RBS pilot (Residentially Based Services)
- 2011 – Congregate Care Reform Report
- 2012 – Goals set for reform effort


<http://www.childsworld.ca.gov/PG2976.HTM>

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## Continuum of Care Reform

### Ultimate Goals

- **INTEGRATED SYSTEM OF CARE**
- Services that are Coordinated, Integrated and Seamless
- Active Family and Youth Voice and Choice
- Mutual Accountability amongst all parts of the system and service providers


<http://www.childsworld.ca.gov/PG2976.HTM>

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## Continuum of Care Reform

These goals are accomplished via:

# TEAMS




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## THE TEAM

A Team is a group of people coming together who are committed to a common purpose and who hold themselves mutually accountable for the performance of defined goals and tasks.



Adapted from:  
<http://www.childsworld.ca.gov/res/pdf/CorePracticeModelGuide.pdf>




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## Child and Family Teams

The CFT is a team of people—comprised of the youth and family and all of the ancillary individuals who are working with and/or supporting them toward achieving their goals and their successful transition out of the system.



Adapted from:  
<http://www.childsworld.ca.gov/res/pdf/CorePracticeModelGuide.pdf>



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## ACTIVITY



### ★WORK AS A TEAM★

1. DEFINE THE CHARACTERISTICS OF A SUCCESSFUL TEAM/ A WELL-FACILITATED TEAM
2. WHAT DO GOOD TEAM MEMBERS DO/WHAT BEHAVIORS DO THEY EXHIBIT?



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## CFT - LOGISTICS



For children and youth without an existing CFT, team membership should start to be identified ASAP. A CFT meeting shall be convened by the placing agency within the first 60 days of the child/youth coming into foster care. A CFT meeting will be convened to discuss any placement changes and service needs for the child or youth in out-of-home care. The team must be consulted to identify the most appropriate placement of the child or youth, while always considering the least restrictive placement option.



ALL COUNTY LETTER (ACL) NO. 16-84  
[CDSS.CA.GOV](http://CDSS.CA.GOV)

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## CFT - LOGISTICS



For children or youth in placement who are receiving Intensive Care Coordination (ICC), Intensive Home-Based Services (IHBS) or Therapeutic Foster Care (TFC), a CFT meeting must occur at least every 90 days. For children and youth who are not receiving SMHS, the placing agency will convene a CFT meeting no less than once every six months. Best practice dictates that meetings should be held as frequently as needed to address emerging issues, provide integrated and coordinated interventions, and refine the plan as needed and, therefore, frequency of meetings and timeframes should be decided by CFT members

ALL COUNTY LETTER (ACL) NO. 16-84  
[CDSS.CA.GOV](http://CDSS.CA.GOV)

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## Child and Family Teams Participants/Roles

### SHOUT OUT

Who are some of the people/roles represented who might be on a CFT?  
How does each role participate?

**UCDWPB  
EXTENSION**  
CENTER FOR HUMAN SERVICES  
Resource Center for Healthy Placed People



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# TEAMS

## OTHER TEAMING EFFORTS

**UCDWPB  
EXTENSION**  
CENTER FOR HUMAN SERVICES  
Resource Center for Healthy Placed People



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### Distinguishing Teaming Efforts

TDM	CFT
SOP	CFT
WRAP	CFT
IPC	CFT




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### Integrating Teaming Efforts

TDM	←→	CFT
↓		
SOP	←→	CFT
↓		
WRAP	←→	CFT




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# TEAMS

## THE NON-NEGOTIABLES

**UCIRRS**  
**EXPERIENCE**  
 CENTER FOR HUMAN SERVICES  
 Survivors • Counselors • Family • Personal Services




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## RESEARCH SAYS:

### TEAM CONDITIONS ASSOCIATED W/ SUCCESSFUL OUTCOMES

- ❖ Team adheres to practice model (structures, techniques, procedures)
- ❖ Team considers multiple alternatives before making decisions
- ❖ Team helps all members feel their input is valued



Walker, et.al., 2003

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## RESEARCH SAYS: (cont.)

### TEAM CONDITIONS ASSOCIATED W/ SUCCESSFUL OUTCOMES

- ❖ Team builds agreement despite differing views
- ❖ Team builds appreciation of strengths
- ❖ Team planning reflects cultural humility or curiosity



Walker, et.al., 2003

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## WHAT WE HAVE LEARNED: (from other initiatives)

### TEAM NON-NEGOTIABLES

- ❖ TRAUMA-INFORMED
- ❖ CULTURALLY-RESPONSIVE
- ❖ FAMILY VOICE AND CHOICE



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“The fundamental premise of restorative practices is that people are happier, more cooperative and productive, and more likely to make positive changes when those in positions of authority do things with them, rather than to them or for them.”

-International Institute for Restorative Practices

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WHAT WE HAVE LEARNED: (cont.)


TEAM NON-NEGOTIABLES



❖ STRENGTHS-BASED

In the seeking and finding of that which is working, more success will come

❖ INDIVIDUALIZED



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WHAT WE HAVE LEARNED: (cont.)

TEAM NON-NEGOTIABLES

❖ NEEDS DRIVEN

Trauma-Informed Care (TIC)

Needs – Goals – Action Steps








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## ACTIVITY

1. INDIVIDUALLY COMPLETE WORKSHEET
- ★ WORK AS A TEAM ★
2. COME TO AGREEMENT ON EACH ANSWER



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# TEAMS

## THE TEAM MEETING



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## MEETING STRUCTURE (First)

- ❖ CONFIDENTIALITY AND TEAM AGREEMENTS
- ❖ VISION/MISSION
- ❖ STRENGTHS



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## MEETING STRUCTURE (Next)

MEETING PURPOSE/GOAL

STRENGTHS AND CONCERNS

NEEDS

IDEAS AND BRAINSTORMING

ACTION STEPS

UCRWPB  
EXTENSION  
KINDERGARTEN AND FAMILIAL SERVICES  
Resource Center for Family-Placed Children



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## TEAM MEETING OUTCOME

STRENGTHS-BASED

ACTION PLAN

UCRWPB  
EXTENSION  
KINDERGARTEN AND FAMILIAL SERVICES  
Resource Center for Family-Placed Children



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## ACTIVITY

### 1. WATCH VIDEO CLIP

<https://www.youtube.com/watch?v=iQUWI5pmiUg>

★ GROUP ★

### 2. WHAT WENT WELL?

### 3. WHAT COULD HAVE BEEN BETTER?



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# CCR



QUESTIONS?

REMAINING NEEDS?

COMMENTS?



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# Resources

- ACL 16-84 Requirements and Guidelines for Creating and Providing child and Family Team:  
<http://www.dss.cahwnet.gov/lettersnotices/EntRes/getinfo/acl/2016/16-84.pdf>
- Pathways to Mental Health Services Core Practice Model Guide:  
<http://www.childsworld.ca.gov/res/pdf/CorePracticeModelGuide.pdf>
- ACIN 1-50-16 CCR AB403 General Information  
[http://www.dss.cahwnet.gov/lettersnotices/EntRes/getinfo/acin/2016/1-50\\_16.pdf](http://www.dss.cahwnet.gov/lettersnotices/EntRes/getinfo/acin/2016/1-50_16.pdf)
- WELFARE AND INSTITUTIONS CODE – WIC 832  
[HTTP://LEGINFO.LEGISLATURE.CA.GOV/FACES/CODES\\_DISPLAYSECTION.XHTML?SECTIONNUM=832.&LAWCODE=WIC](http://LEGINFO.LEGISLATURE.CA.GOV/FACES/CODES_DISPLAYSECTION.XHTML?SECTIONNUM=832.&LAWCODE=WIC)

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# THANK YOU!!!!




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