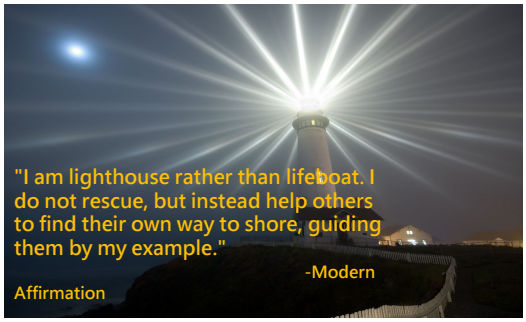
THE LIGHT HOUSE



UC DAVIS EXTENSION
CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE

UC DAVIS EXTENSION
CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE

TRANSFORMATIONAL COLLABORATIVE TRAINING

A powerful educational experience focused **on**
Self-Awareness, **Empowerment**, & **Skill Development**

TIME	OUR TIME Together
1pm-2:30pm	Session II
2:30pm	Take a 15 min. Break
2:45pm	Session II continued
3:45pm	Wrap up & Evaluations

UC DAVIS EXTENSION CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE

Maximize effective use of Flex Funding

Objectives:

1. Discus why & how flex funds were created
2. Understand the Wraparound Flexible Resource Process & how to effectively use funding
3. Identify main pitfalls and best practices of flex fund spending
4. Identify and practice fundamental ways to support sustainability with families while also meeting current needs and attending to engagement

FlexFunds

Flexible funds are made available so that a child will not be removed from a home in the community with people who know and love them just because of a lack of funds.

UC DAVIS EXTENSION CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE

FlexFunds

Definition: **Flexible Funds are monies that are time-limited and that may be used to fund non-traditional, culturally competent services/supports that empower parents and children.**

Flexible Funds are used to assist with daily living expenses or programming not available through natural, informal or formal providers and when all other financial resources have been thoroughly exhausted.

The use of wraparound funds must reflect the core values and vision of the wraparound process.

UC DAVIS EXTENSION CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE

FlexFunds
CLIFF NOTES

Flex Funds ARE

-Used only after all community resources have been exhausted.

-A means of assisting the family in completing a strategy.

-Are short term.

-Congruent with the needs and strategies listed on the Plan of Care

Flex Funds are NOT

-A long term solution.

-To be used without completing a family budget first.

-A first choice in completing a strategy or meeting a need.

-A method of building rapport or incentives.

UC DAVIS EXTENSION CENTER for HUMAN SERVICES

RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE

UC DAVIS EXTENSION CENTER for HUMAN SERVICES

RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE

Work in groups and list some ways you have seen flex funds used effectively and some ways you have not…

UC DAVIS EXTENSION CENTER for HUMAN SERVICES

RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE

UC DAVIS EXTENSION CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE

UC DAVIS EXTENSION CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE

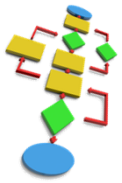
UC DAVIS EXTENSION CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE

Crisis = Opportunity

- Crisis are to be expected and are natural within the Wrap process.
- The more thorough the plan, the higher chance for successful managing of crisis.
- Families have been surviving crisis long before wrap arrived.
- Responses vary per team and situation.
- One man's crisis is another man's Monday.

WRAPAROUND
FLEXIBLE RESOURCE PROCESS



Flexible Funds Money available to each child and family team to meet needs identified in the child and family plan. Funds can be used for nontraditional purposes. Flexible funds are supported by written policies that address how funds are accessed, tracked, and managed, and include a process for accessing funds quickly for emergencies.

UC DAVIS EXTENSION CENTER FOR HUMAN SERVICES

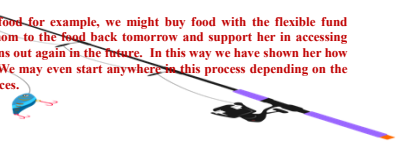
RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE

UC DAVIS EXTENSION CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE

Our mission in Wraparound is to walk with family members modeling how resources and supports are accessed. In this way the family members will learn how to access natural and community resources themselves in the future when we are no longer with them.

If the family needs food for example, we might buy food with the flexible fund today and go with mom to the food back tomorrow and support her in accessing food for when she runs out again in the future. In this way we have shown her how to do it for herself. We may even start anywhere in this process depending on the team and circumstances.



UC DAVIS EXTENSION CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE

UC DAVIS EXTENSION CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE

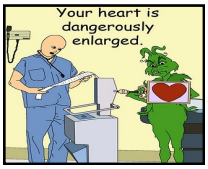
SNAP SHOTS

1 We make *JUDGEMENTS* from *SNAP SHOTS of people's lives*

UC DAVIS EXTENSION CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE

2 People (especially Wrap people) want to help



UC DAVIS EXTENSION CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE

3 It's easy to solve problems with $$ when you are only looking at now

Hidden Rules Among Classes

	Poverty	Middle Class	Wealth
Possessions	People.	Things.	One-of-a-kind objects, legacies, pedigrees.
Money	To be used, spent.	To be managed.	To be conserved, invested.
Personality	Is for entertainment. Sense of humor is highly valued.	Is for acquisition and stability. Achievement is highly valued.	Is for connections. Financial, political, social connections are highly valued.
Social Emphasis	Social inclusion of people he/she likes.	Emphasis is on self-goverance and self-sufficiency.	Emphasis is on social exclusion.
Food	Key Question: Did you have enough? Quanity improtant.	Key Question: Did you like it? Quality important.	Key Question: Was it presented well? Presentation important.
Clothing	Clothing valued for individual style and expression of personality.	Clothing valued for its quality and acceptance into norm of middle class. Label important.	Clothing valued for its artistic sense and expression. Designer important.
Time	Present most important. Decisions made for moment based on feelings or survival.	Future most important. Decisions made against future ramifications.	Traditions and history most imprtant. Decisions made partically on basis of traditon and decorum.
Education	Valued and reserved as abstract but not as reality.	Crucial for climbing success ladder and making money.	Necessary tradition for making and maintaining connections.
Destiny	Believes in fate. Cannot do much to mitigate chance.	Believes in choice. Can change future with good choices now.	Noblesse Oblige.
Language	Casual register. Language is about survival.	Formal register. Language is about negotiation.	Formal register. Language is about networking.
Family Structure	Tends to be matriarchal.	Tends to be patriarchal.	Depends on who has money.
World View	Sees world in terms of local setting.	Sees world in terms of national setting.	Sees world in terms of international view.
Love	Love and acceptance conditional, based upon whether individual is liked.	Love and acceptance conditional and based largely upon achievement.	Love and acceptance conditional and related to social standing and connections.
Driving Forces	Survival, relationships, entertainment.	Work, acheivement.	Financial, political, social connections.
Humor	About people and sex.	About situations.	About social faux pas.

UC DAVIS EXTENSION CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE

Remember the last Flexible Fund request that made you uncomfortable. In your small group, talk about the following:

- **Who on the team made the request? What was it for? How was it presented to the team?**
- **What other family/community options were considered?**
- **Was there team agreement about the use of Flexible Funds?**
- **How did the request promote child/family self-sufficiency?**
- **How were the Funds used to individualize the Family Team Plan?**
- **What were the barriers to appropriate use of Flexible Funds?**

UC DAVIS EXTENSION CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE

WRAPAROUND
FLEXIBLE RESOURCE PROCESS

Guidelines in practice

UC DAVIS EXTENSION CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE

Alternatives to flex funds should be CONSIDERED FIRST

Flex funds are to be used only as a last resort. It is our goal to help families be creative in the way they get their needs met so that they can become less dependent on formal system supports over time. Below is a list of options that we would like for you to consider with your wrap team prior to flex funds being accessed.

- How has the family managed in similar situations in the past
- Complete a budget and identify areas to cut back
- Additional employment opportunities for parent/client
- Government programs (AFDC, food stamps, child support, HUD, rental rebates, EITC, SSI-D, county social worker assistance)
- Bartering with family/friends/neighbors
- Classified ads ("Free for the Taking", Craigslist)
- Discount coupons and or Donations
- Scholarships/Grants (Change a Life)
- Advance on paycheck or Loans/gifts from friends/family
- Community resources (internet, Directions book) & Low cost/no cost options
- Negotiate a payment plan or Pay for half and wrap will match your contribution

UC DAVIS EXTENSION CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE

Flexible Funds should be used after:

- **All family (both immediate and extended) resources have been explored**
- **All community resources have been explored**
- **All system resources have been explored**
- **All provider resources have been explored**

UC DAVIS EXTENSION CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE

UC DAVIS EXTENSION CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE

- **Review the mission of the family**
- **Ensure that the "need" is identified by the family within the context of their mission for their family**
- **Ensure that the team members agree with the need as identified**
- **Ensure that the "need" is addressed under a goal in the Family Team Plan**
- **Explore now the family met this need in the past**
- **Ensure that child/family and team members' strengths that can help meet this need have been explored**
- **Complete a family budget**
- **Explore with the team the amount of time/money/frequency of resources that will be needed to meet this need**
- **Discuss with the team the desired result of meeting this need**
- **Explore the team plan for transitioning to a family community support**
- **Review the use of Flexible Funds and the transition plan at every team meeting**
- **Discuss with the team the desired result of meeting this need**
- **Explore the team plan for transitioning to family/community supports**
- **Review the use of Flexible Funds and the transition plan at every team meeting**

A. NEED	POSSIBLE RESOURCES
	1) Family's Personal and Social Network
B. STRENGTHS (related to this need)	2) Community Associations
	3) Programs and Professionals in the Community
C. LIFE DOMAIN	4) Categorical Services
	5) Wraparound Staff Time (see CFSP Family Partner Report Form) – Transition Plan: How will this need be met in the future?
	6) Wraparound Flexible Funds – Transition Plan: How will this need be met in the future?
Action Plan: Who? What? Where? When?	
Intended Outcome: Characteristics of completion.	
Initialed by CFT Members: Date:	
Completion Date:	

UC DAVIS EXTENSION
CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR
FAMILY-FOCUSED PRACTICE

Select resource provision source in the order listed below.
Start with #1-4, before accessing number 5 or 6.

1. Family's Personal and Social Network
Self
Siblings
Parents
Stepparents
Aunts, Uncles, Cousins
Friends
Neighbors
Classmates
Clerics
Church or Synagogue Members
Baby Sitters
Teachers
Coaches
Scout Masters
Others

2. Community Associations
Philanthropic Organizations
Business Organizations
Charitable Groups and Drives
Church Groups
Civic Events
Ethnic Associations
Senior Citizen Groups
Health and Fitness Groups
Interest Clubs
Outdoor Groups
Mutual Support & Self-Help Groups
Neighborhood and Block Clubs
Political Organizations
School Groups
Sport Leagues
Men, Women, Youth Groups

3.Programs and Professionals in the Community
Public and Private Schools
Family Resource Centers
Day Care Centers
Senior Citizen Programs
Financial Planning Programs
Community Colleges
Institutions of Higher Learning
Recreational Programs
Libraries
Community Health Centers
Family Planning Centers
Police/ Fire Departments
Hospitals
Family Physicians/ Nurses
Community Officials
Legal Assistance Agencies
Housing Programs

4.Categorical Services
Social Services Programs & Agencies
Probation Programs & Agencies
Mental Health Programs & Agencies
Public Health Clinics
County Emergency Funds
Home Health Agencies
Adult Basic Education Programs
Special Education Programs
Vocational Rehabilitation Programs
Substance Abuse Programs
Emergency Crisis Relief
Hospice Care
Respite Care
Special Health Care Clinics
Family Preservation Programs
Child Development Specialists
Specialized Transportation Services

5. Wraparound
Provision of Need/Service by Wraparound Specialist
Provision of Transportation by Wraparound Specialist
6. Flex Funds
Wraparound Flexible Funding

UC DAVIS EXTENSION
CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR
FAMILY-FOCUSED PRACTICE

UC DAVIS EXTENSION
CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR
FAMILY-FOCUSED PRACTICE

Get into your small groups

Understand the families values, attitudes and beliefs they are important in the use of flex funds. We often times impose our own on families and get upset at the perceived "lack of appreciation" with how we use them.

Flex funds like a are lightsaber they are very powerful but when impartially used they can be destructive

CONSISTENT protocols and procedures are important within a program especially for those in positions of Leadership. This will help identify on trends, patterns and messaging around the use of flex funds within a program. This by no means takes away from being individualized with our approach.

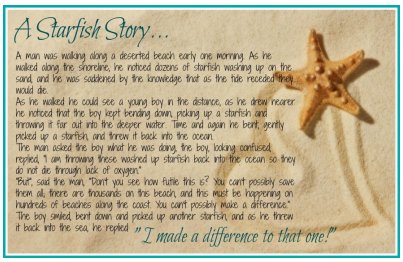
UC DAVIS EXTENSION CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE

UC DAVIS EXTENSION CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE

PERSPECTIVE



A Starfish Story…

A man was walking along a deserted beach early one morning. As he walked along the shoreline, he noticed dozens of starfish washing up on the sand, and he was saddened by the knowledge that as the tide receded they would die.

As he walked he could see a young boy in the distance, as he drew nearer he noticed that the boy kept bending down, picking up a starfish and throwing it far out into the deeper water. Time and again he bent, gently picked up a starfish, and threw it back into the ocean.

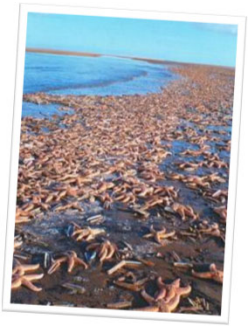
The man asked the boy what he was doing, the boy, looking confused, replied, "I am throwing these washed up starfish back into the ocean so they do not die through lack of oxygen."

"But", said the man, "Don't you see how futile this is? You can't possibly save them all, there are thousands on this beach, and this must be happening on hundreds of beaches along the coast. You can't possibly make a difference."

The boy smiled, bent down and picked up another starfish, and as he threw it back into the sea, he replied *"I made a difference to that one!"*

UC DAVIS EXTENSION CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR FAMILY-FOCUSED PRACTICE



UC DAVIS EXTENSION
CENTER FOR HUMAN SERVICES

RESOURCE CENTER FOR
FAMILY-FOCUSED PRACTICE

THANK YOU

WE DO IT BECAUSE IT NEEDS TO BE DONE. BECAUSE IF WE DON'T, NO ONE ELSE WILL. AND WE DO IT EVEN IF NO ONE KNOWS WHAT WE'VE DONE. EVEN IF NO ONE KNOWS WE EXIST. EVEN IF NO ONE REMEMBERS WE EVER EXISTED.