

Infant and Early Childhood Resources!

Child Development:

1. Harvard Center on the Developing Child: <https://developingchild.harvard.edu/>
(Great free information and videos for professionals and for parents on Child development, brain development, parenting and trauma)
2. Zero to Three : <https://www.zerotothree.org/>
(Resources for early childhood education, mental health and child development; some is available for free and other resources available as a member)
3. Centers for Disease Control and Prevention: topic Violence prevention: Child Abuse and Neglect: <https://www.cdc.gov/violenceprevention/childabuseandneglect/index.html>
4. Centers for Disease Control and Prevention: topic Violence prevention: ACEs study: <https://www.cdc.gov/violenceprevention/acestudy/>
5. Centers for Disease Control and Prevention: topic: Child Development: <https://www.cdc.gov/ncbddd/childdevelopment/> (GREAT list of developmental milestones by age from 0- 5 years, videos of what each milestone looks like; also parenting information for 0-adolescence).
6. Centers for Disease Control and Prevention: topic: Learn the Signs. Act Early: <https://www.cdc.gov/ncbddd/actearly/index.html> (Great resource for parents who are worried that their children are not developing as expected, and what to do about that).
7. Centers for Disease Control and Prevention: topic: Autistic Spectrum Disorder: <https://www.cdc.gov/ncbddd/autism/index.html> (information on Autism and treatments)
8. California First Five: topic: activities and learning center: free resources: <http://www.first5california.com/videos-downloads.aspx?id=29> (A wide variety of resources for parents, early childhood educators, professionals, etc.)
9. Healthy Children.org (American Academy of Pediatrics): <https://www.healthychildren.org/English/Pages/default.aspx> (multiple topics focused on helping parents raise healthy children).
10. California Department of Education: topic: parent resources: <https://www.cde.ca.gov/sp/cd/re/parentresources.asp> (nice list of parent resources to support early childhood education and development)
11. California Department of Developmental Services: topic: Early Start program: <http://www.dds.ca.gov/EarlyStart/index.cfm> (multiple resources for parents around child development and education).
12. Daniel Siegel Hand Model of the Brain: <https://www.youtube.com/watch?v=gm9CIJ74Oxw>

Trauma:

1. National Child Traumatic Stress Network: NCTSN: <https://www.nctsn.org/>
(Free downloadable information and lots of resources on child trauma, including information both in English and Spanish, and stories to use with children who have experienced traumatic events; lots of brief information pages on domestic violence, traumatic exposure and responses, and so much more!) Info in Spanish: <https://www.nctsn.org/resources/informacion-en-espanol>

Working with Children 0-5 in Child Welfare

Center for Human Services, Resource Center for Family Focused Practice

UC Davis Continuing and Professional Education

2. Child Trauma Academy: Library of resources: <http://childtrauma.org/cta-library/> (Free Information on trauma, brain development and the developing child based on the work of Bruce Perry, M.D.-for professionals and parents)
3. ACEs too High: For information on the ACE Study and resources on what is being done to support increased understanding and action in terms of helping to resolve early childhood traumatic experiences: <https://acestoohigh.com/>
4. Nadine Burke Harris TED talk on the ACE study and its impact: <https://www.youtube.com/watch?v=95ovIJ3dsNk>

Children's Mental Health

1. Substance Abuse and Mental Health Services Administration (SAMHSA): topic: children: <https://www.samhsa.gov/children>
2. National Institute of Mental Health: topic: Child and Adolescent Mental Health: <https://www.nimh.nih.gov/health/topics/child-and-adolescent-mental-health/index.shtml>

Child Welfare

1. National Center on Substance Abuse and Child Welfare (NCSACW): <https://ncsacw.samhsa.gov/>
2. California Department of Social Services: Resource Guide: <http://www.cdss.ca.gov/inforesources/Guide> (for information on various Child Welfare programs and mandates in California)
3. Child Welfare Information Gateway: <https://www.childwelfare.gov/> (browse multiple topics related to Child Welfare, Child Abuse, etc.).
4. Child Welfare Information Gateway: Parent Resources: <https://www.childwelfare.gov/topics/preventing/promoting/parenting/parenting/> (great list of resources for parenting!)
5. Advokids-Document on Transition planning for children: <https://www.advokids.org/childhood-mental-health/transitions/>

7/10/2018 by Colleen Paul, LMFT, LPCC, ATR, EC, RPF II: cpaul@ucdavis.org