

A recently formed CFT consists of six members at this time. They are Junior (aged 14), the social worker, the probation officer, the mother of Junior, a parent partner and a mental health worker, who is the facilitator. While the first meeting seemed to go "smoothly," there was tension between the social worker and the probation officer. This is now the second meeting and everyone can feel the tension in the room as strengths and concerns are discussed more in depth.

This is the third CFT of a team that consists of Junior (aged 16), the mother of Junior, the social worker, the mom's best friend and neighbor, Junior's therapist and the facilitator. Because placement is a current concern, it was decided that the TDM and the CFT would occur together, so today, the social worker's supervisor is present.

You, the facilitator, had difficulty with Junior's mother agreeing to have the social worker at every meeting; she "does not like her." Now that the social worker has been joined by her supervisor, who is sitting beside her "employee;" you can see that Mom is quietly furious. She was not consulted in this decision.

This is the first CFT meeting for Junior (aged 15) and his mother. Attending this meeting are the probation officer, the social worker and a mental health clinician. The social worker is facilitating. Junior "hates" his probation officer and is sullenly remaining silent. The facilitator's usual efforts to draw him out have failed. The meeting is stalled unless you "ignore" Junior.

The second meeting of the CFT for junior and family has begun. The team consists of Junior (aged 13), his younger brother (aged 9), their mother, the biological father (who is estranged from the family, but loves his sons), mother's new live-in boyfriend, the social worker and a mental health facilitator. Everyone seems to be agreeing, but there is an air of "going along to get along" with tension beneath the surface.