# Child and Family Teams CHEAT CARD

### Types of Team members

Family, Youth, Friends & Neighbors, Agency Professionals, Community Members

#### Representative of the youth's:

Tribal or Indian custodian, behavioral health staff, foster family agency worker, short-term residential therapeutic program (STRTP) representative

# Values/Principles

- STRENGTHS-BASED
- YOUTH / FAMILY CENTERED & DRIVEN
- UNIQUE AND INDIVIDUALIZED PLANS
- COMPREHENSIVE SHARED PLANNING
- COLLABORATION
- CULTURALLY REFLECTIVE.
   RESPECTFUL AND RESPONSIVE
- TRAUMAINFORMED
- OUTCOME FOCUSED
- NEEDS-DRIVEN





## **Big Ideas**

-All behaviors come from unmet needs
-Shared Decision Making minimizes
systemic vulnerabilities
- A family driven plan can be just as
effective as a professionally driven plan

#### **Timelines**

- Team membership building starts ASAP
- Initial CFT meeting must occur before 1st 60 days
- Meetings beyond Initial must be as needed and can be called by any team member
- Must occur no later than every 90 Days for Children receiving SMHS
- None SMHS CFT meeting min. every 6 months

