

Activity: Communicating the Parents' Solution to Others

This activity is designed to help communicate the youth's or parents' solutions to others. One person should take on the role of parent partner, while the others will take on the roles of professionals involved in supporting the youth and family. Choose one solution from the list below that you would find **difficult** to represent based on your personal beliefs and experiences. Pretend that this solution is the one chosen by the parent/child for their family and spend a few minutes convincing the others in your group that this is the best solution:

Refer my child to a residential treatment program (Parent)

Send my child to a boot camp program out of state (Parent)

Move my family to a bigger home (Parent)

Remove all of my child's furniture from his bedroom. He must earn it back. (Parent)

Purchase me shoes every week for good behavior (Youth)

Get my mom into therapy and complete a Psychiatric Assessment (Youth)

Allow me to have unsupervised time all weekend every weekend (Youth)

Get me off my medications (Youth)