

Kate Messina, Ph.D., L.C.S.W., has worked with foster and adoptive parents for more than 30 years. She maintains a private practice in Fair Oaks, CA, and is the founder of the WisdomPath Way Reparative Parenting Approach, a trauma-informed, neurodevelopmental coaching model for resource and adoptive parents. In addition, Messina provides training and coaching to state, county, and private agencies throughout California in the implementation of culturally relevant strategies and techniques for helping children recover and mature from the impact of early adverse experiences.