

1. Engaging: How do you develop relationships/engage youth and their caregivers so they have a voice in case planning?

- Schedule visits at times that are convenient for youth and caregivers
- Prepare for the visit.
 - a) What do you need to accomplish at the visit?
 - b) How will you prepare for questions the youth might ask?
- Building rapport can take time but it is extremely important. You have to develop working relationships in order to be helpful to a youth. What does the youth like to do - E.g., playing cards, throw the football around, out for ice cream?
- Consider use of specific tools for engaging youth in conversations - E.g., Solution-focused questions.
- Include youth in processes specifically designed to support family engagement.
- Listen, follow-through and be honest in conversations.

2. Assessing Risk and Safety. What do you pay attention to ensure the youth is safe?

- Youth's environment (e.g. sleeping arrangements, general environment)
- Youth's interactions with caregivers
- Youth's interactions with others living in the residence
- General appearance of the youth
- Conversation with the youth (open ended questions)
- Identifying people that the youth can talk to if they are worried or don't feel safe
- Youth's physical appearance (e.g. bruises or marks, weight gain/loss, medication)
- Balance individual time with youth/observations with caretakers

3. Assessing Needs. What do you pay attention to when you conduct ongoing assessments of a youth's needs?

- Prepare for the visit with the youth.
- Identify the priorities for the visit.
- Re-evaluate whether the services the youth is participating in continue to meet their needs.
- Ask the youth where they see progress, where they see needs.
- Review of case plan.
- Observe/discuss well-being needs.
 - a) Physical health
 - b) Education
 - c) Mental health
- Review risk assessment tools with the youth.
- Assessing for behavior, side effects and physical changes due to medications.
- Reviewing behavior plan and incident reports to assess for effective interventions and discuss frequency of report review and notification.
- Youth is able to demonstrate new skills during home visits and a plan for gathering feedback data.

- Clear expectations are set and child, family and caseworker know measurable outcomes.
- Youth's treatment is addressing individual cultural needs of the youth.
- Review physical health and medical treatment needs and document.

The caregiver has a workable crisis plan/behavior management plan on file and level efficacy is known).