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RESOURCE CENTER FOR
FAMILY-FOCUSED PRACTICE

- Meet Your Community
- Continuum of Care Reform (CCR)
 - What it is, where it came from, and how it affects us
- Child & Family Teams (CFTs)
 - What they are, why they are important, and how do they differ from other efforts
- CFTs
 - Introduction to successful teams

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ACTIVITY

- 1) Introduce yourself and your discipline
- 2) Share a fun fact about yourself
- 3) Do a little discovery: what might be one thing you all have in common?

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ACTIVITY

Work together in your groups to describe and brainstorm the symptoms of the child serving system that may be leading to change.

What are the Symptoms

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Continuum of Care Reform

A comprehensive reform effort to make sure that youth in foster care have their day-to-day physical, mental, and emotional needs met; that they have the greatest chance to grow up in permanent and supportive homes; and that they have the opportunity to *grow into self-sufficient, successful adults.*



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What is Continuum of care reform, CCR branch-

<http://www.cdss.ca.gov/cdssweb/entres/pdf/CCR/WhatIsContinuumCareReform.pdf>

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Continuum of Care Reform: Where did it come from?

- Foster Care Reform began in California in 1990
 - (Relating to classification structure)
- Changes made in 1993 (Children under 6)
- More service-based group home care 1998
- 2007 – RBS pilot (Residentially Based Services)
- 2011 – Congregate Care Reform Report
- 2012 – Goals set for reform. effort



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Continuum of Care Reform Ultimate Goals



- Integrated system of care
- Services that are coordinated, integrated and seamless
- Active family and youth voice and choice
- Mutual accountability amongst all parts of the system and service providers

What is Continuum of care reform, CCR branch-
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Removed

Question to think about as you watch this video?

Could we as a system have done things differently and maybe decreased some of the trauma exposure through the use of Child and Family Teaming (CFT's)?



<https://removedfilm.myshopify.com/pages/watch>
 Director: [Nathanael Matanick](#) and [Tony Cruz](#)
 Writer: [Christina Matanick](#)
 Producer: [Nathanael Matanick & Christina Matanick](#)

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Video - Removed

Continuum Of Care Reform: These Goals Are Accomplished



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The Team

A Team is a group of people coming together who are committed to a common purpose and who hold themselves mutually accountable for the performance of *defined goals and tasks*.



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ACTIVITY

1. Work as a team to define the characteristics of a successful and well-facilitated team
2. What do good team members do and what behaviors do they exhibit?




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Child and Family Teams

The CFT is a team of people comprised of the youth, family and all of the ancillary individuals who are working with and/or supporting the family toward achieving their goals and their successful transition out of the system.



Adapted from: Pathways to Mental Health Services Core Practice Model Guide

CFT Logistics

For children and youth without an existing CFT, team membership should start to be identified ASAP. A CFT meeting shall be convened by the placing agency within the first 60 days of the child/youth coming into foster care. A CFT meeting will be convened to discuss any placement changes and service needs for the child or youth in out-of-home care. The team must be consulted to identify the most appropriate placement of the child or youth, while always considering the least restrictive placement option.

ALL COUNTY LETTER (ACL) NO. 16-84



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CFT Logistics

For children or youth in placement who are receiving Intensive Care Coordination (ICC), Intensive Home-Based Services (IHBS) or Therapeutic Foster Care (TFC), a CFT meeting must occur at least every 90 days. For children and youth who are not receiving SMHS, the placing agency will convene a CFT meeting no less than once every six months. Best practice dictates that meetings should occur as soon as possible for case planning purposes, placement determination, emancipation planning and/or safety planning and, therefore, frequency of meetings and timeframes (but not exclusively for these reasons).

ALL COUNTY LETTER (ACL) NO. 16-84



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ACTIVITY

1) Who are some of the people and/or roles represented in a CFT?

2) How does each role participate during the CFT process and at CFT meetings?



Other Teaming Efforts

TEAMS

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Continuum of Care Reform
Ultimate Goals

▪ Team Decision Making Meeting (TDM)

▪ Safety-Organized Practice (SOP)

▪ Interagency Placement Committee (IPC)

▪ Multi-Disciplinary Teams (MDT's)

▪ Wraparound

▪ Transitional Independent Living Planning Meetings


▪ Others...



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Continuum of Care Reform Ultimate Goals



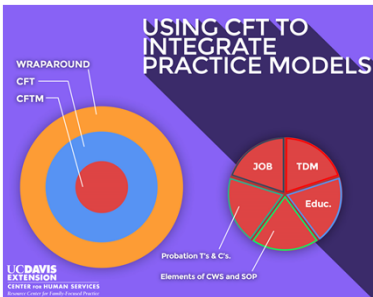
The intention of the state's practice is to have one gathering that addresses the child or youth's needs in an efficient manner and also avoids confusion for the child, youth, and family.

What is Continuum of care reform, CCR Branch-
<http://www.cdss.ca.gov/cdssweb/entres/pdf/CCR/WhatIsContinuumCareReform.pdf>

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One Gathering



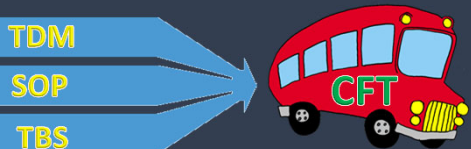
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Integrating Teaming Efforts

Practice Model

Process/Vehicle



7

The Non-negotiable's




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Research Says:
TEAM CONDITIONS
ASSOCIATED WITH
SUCCESSFUL OUTCOMES

- Team adheres to practice model (structures, techniques, procedures)
- Team considers multiple alternatives before making decisions
- Team helps all members feel their input is valued

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Research Says:
TEAM CONDITIONS
ASSOCIATED WITH
SUCCESSFUL OUTCOMES

- Team builds agreement despite differing views
- Team builds appreciation of strengths
- Team planning reflects cultural humility or curiosity

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What We Have Learned
From Other Initiatives:
TEAM NON-NEGOTIABLES

- CULTURALLY-RESPONSIVE
- FAMILY VOICE AND CHOICE
- STRENGTHS-BASED
 - The seeking and finding of that which is working, more success will come

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Resource Center for Family-Focused Practice

"The fundamental premise of restorative practices is that people are happier, more cooperative and productive, and more likely to make positive changes when those in positions of authority do things with them, rather than to them or for them."

-International Institute for Restorative Practices

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What We Have Learned
From Other Initiatives:
TEAM NON-NEGOTIABLES

- INDIVIDUALIZED
- NEEDS DRIVEN
- TRAUMA-INFORMED CARE (TIC)
 - Needs-Goals-Action Steps

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ACTIVITY: Clarifying Needs

- 1) Individually complete worksheet
- 2) Work as a team
- 3) Come to agreement on each answer



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The Team Meeting



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Meeting Structure Overview

CFT Meeting



- Greetings and Agenda
- Confidentiality and Team Agreements
- CFT Purpose (Initial and Ongoing Vision/Mission)
- Strengths and Concerns
- Needs and Goals
- Brainstorming Ideas
- Action Plan
- Evaluation

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ACTIVITY

- 1) As an individual, review the CFT plan, identify strengths, needs and action plans.
- 2) Share what you found as individual with your group.

WHO?

WHAT?

WHERE?

HOW?

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CFT Meeting

- 1) Watch the video
- 2) Discuss the strengths and areas of growth from this CFT meeting.



Arizona Department of Health Services/Division of Behavioral Health Services 2003 videos of Child and Family Team/Wraparound process.
<https://www.youtube.com/watch?v=iQUWI5pmiUg>

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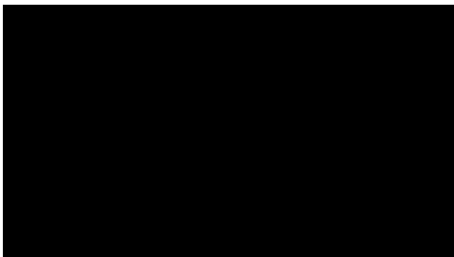
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CFT Meeting Gone Awry



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ACTIVITY: Quiz Time

- Using your smart phone, download the app Kahoot!
- Create an account, enter the game PIN and get ready to play



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Review

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CCR CFT OVERVIEW

QUESTIONS?

REMAINING NEEDS?

COMMENTS?



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Resources

- ALL COUNTY LETTER (ACL) NO. 16-84 Requirements and Guidelines for Creating and Providing child and Family Team:
<http://www.cdss.ca.gov/info/services/Pages/getinfo.aspx?cid=20160116-84.pdf>
- Pathways to Mental Health Services Core Practice Model Guide:
<https://www.cdph.ca/dhsd/ohbt/cprmc/practice-model/index.html>
- ACIN 1-50-16 CCR AB403 General Information
https://www.cdss.ca.gov/info/services/Pages/getinfo.aspx?cid=20160116-50_16.pdf
- WELFARE AND INSTITUTIONS CODE – WIC 832
http://leginfo.ca.gov/pub/071_90/wic_801_90001_wic_832_bill_20070713_chaptered.html#SECTION-CODE-WIC
- Director: Nathanael Matanick and Tony Cruz Writer: Christina Matanick Producer: Nathanael Matanick & Christina Matanick
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