



# Can I eat it?

# Can I eat this carrot?



# Can I eat this carrot?



**Not yet, it needs  
to be  
washed.**

# Can I eat these plums?



# Can I eat these plums?



**Not until they  
have been **picked**  
and washed.**



# Can I eat these potatoes?



# Can I eat these potatoes?



**No, they need to  
be washed and  
cooked.**

# Can I have a glass of milk from here?





# Can I have a glass of milk from here?



No, the cows have  
to be **milked**.

Then the milk  
might be **heat treated**.

# Can I eat these lamb chops?

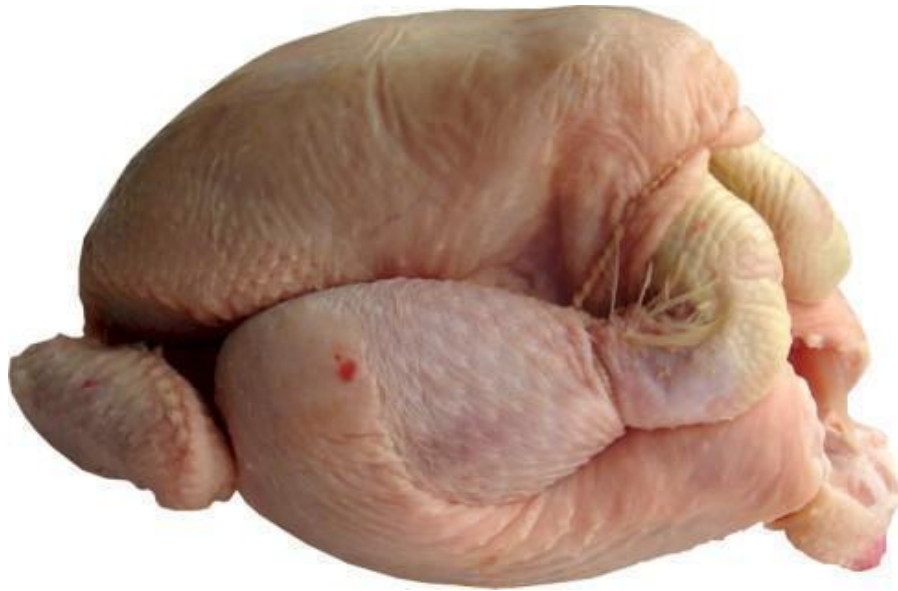


# Can I eat these lamb chops?



**No, they need to  
be **cooked.****

# Can I eat this chicken?



# Can I eat this chicken?



**No, it needs to  
be **cooked**  
and **carved**.**



# Can I eat this wheat?



# Can I eat this wheat?



**Not yet, it needs to  
be harvested,  
milled, made into a  
food and cooked.**



**All food has to be prepared  
before we can eat it.**



**Pick**



**Sometimes this  
just means a  
small change.**

**Wash**



**All food has to be prepared  
before we can eat it.**



**Heat  
treat**

**Sometimes this  
means a bigger  
change.**

**Cook**

