# ABOUT ME



#### I visited family but still made time to do my work.



#### I feel really awful, but still completing my work. 4/26/18

# PLANNING AHEAD

Planning ahead helps to keep you from falling too far behind when something unexpected happens- like having to go to the hospital.

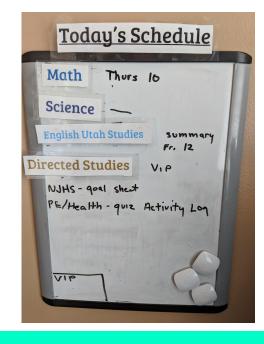
# **REDUCING DISTRACTIONS**

4/12/18



"Don't leave me alone with my iPad. I never get my stuff done when I can play on it."...Julia Reardon

#### TIME MANAGEMENT 4/4/18



## A schedule on my wall helps me with my time management.

#### WHAT JOB DO I WANT TO HAVE AFTER HIGH SCHOOL? Answer: Writer

I want to write diy books on living with a disability. The medical costs for stuff is crazy. Lots of things can be built with craft store items and Home Depot.

I also want to write inspirational books so when people are next to someone with a disability then can interact with us without feeling awkward.

I will accomplish this by going to college and studying. Plus I will keep a journal of big things worked and what didn't when interacting with new non-disabled people. For example, don't ask the companion of an adult looking person who is having a tantrum if "they would like a sticker." Ugh!

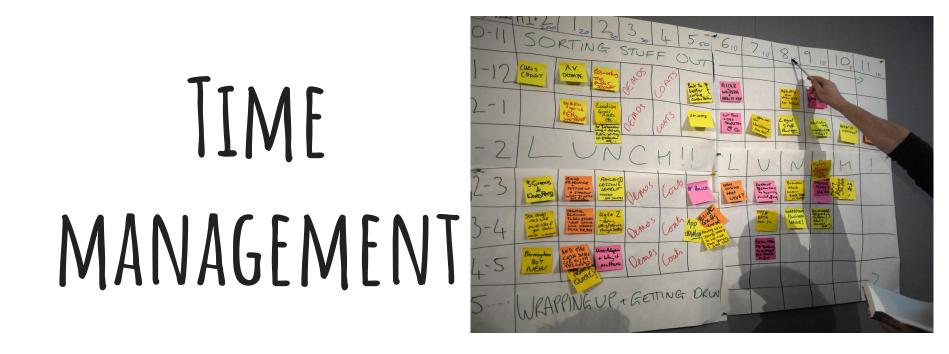




IF I CAN JUST FIGURE OUT HOW TO MAKE MY BODY DO WHAT I WANT IT TO, I CAN LIVE ON MY OWN. I PRACTICE MY WALKING, TYPING, COMMUNICATION, AND DOING DAILY EXERCISES TO GET CONTROL OF MY BODY. I HAVE BEEN DOING IF FOR A LONG TIME AND WILL KEEP DOING IT UNTIL I SUCCEED.







I manage my time by making a daily schedule and keeping to it.



A lot of things I do depend on the assistance of others. I have to be flexible with my time and working with different people to get things done.

# PLANNING AHEAD



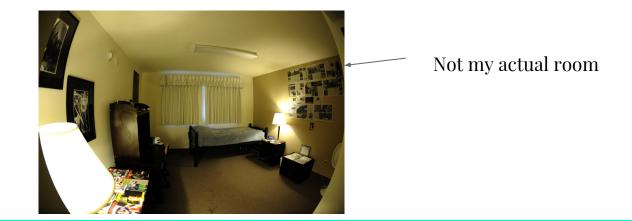
Every day, Mom shows me what assignments are due and I decide what order we do them so we can finish on time.

## **REDUCING DISTRACTIONS**

My work space is neat and organized. I can get what I need.



#### **REDUCING DISTRACTIONS**



I put my toys away and have a clear desk when I do my schoolwork to reduce distractions.

Sept 11, 2017

# LOOKING AT THE TEACHER'S SCHEDULE FOR THE WEEK HELPS ME TO PLAN AHEAD.

#### Introduction and Weekly Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Watch First Settlements in America Watch The Virginia Company Watch What the Mayflower Was Really Like	View Puritans vs. Pilgrims Complete Assignment Early American Settlements Quiz	Study Elements of a Short Story Complete Assignment Short Story Creative Writing Game	Read/Listen Dashes Podcast Complete Assignment Dashes Quiz	

## If I finish what it says to do each day, I won't fall behind.

#### SUSTAINED ATTENTION

https://docs.google.com/a/mountainheightsacademy.org/document/d/1A A1lcg1kvPbF3h3OLX-60nKp9H2m\_fh3dM-HRL7fw6o/edit?usp=sharing

"A suspenseful personal narrative about my time as a famous author and unwitting spy."

I worked for a long time to work out my story details and type out my outline.



I can work on my schoolwork for as long as it takes to get it done. <u>11/13/17</u> I attend study groups and follow along the whole time. <u>11/20/17</u>

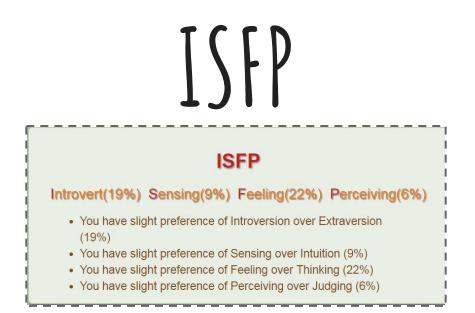
# WORKING MEMORY

In my reading assignments, I always look at the start of each paragraph to create an outline and repeat the important points in order. 11/17/17



## I (BUT CLOSETED E)NTJ

Everything is steady progress. I go down the order of assignments to get done early. This way I can get a chance to correct my mistakes before it is due.



12/13 Because I am not completely one type, I can change to fit a situation. I can have a strict schedule for school or I can work around other people's schedules to complete my work.

# GOAL: STRAIGHT A'S

I got online every day and worked on the assignments. I redid assignments with lower grades.

