**MyPlate Project Rubric**

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Due Date \_\_\_\_\_\_\_\_\_

**Directions:** Design a brochure or poster that encourages middle school students to eat healthy and follow MyPlate’s recommendations. Your project should include all of the information listed on the rubric below.

**Resources:** notes and [choosemyplate.gov](http://choosemyplate.gov)

Your project must be completed on standard sized sheet of paper and should be creative, neat and motivating.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **5 points** | **4-3 Points** | **2-1 points** | **0 Points** |
| **General Information About MyPlate Included** | The project includes ALL of the following:  1. List the 5 food groups  2. Provide at least 3 examples of foods in each food group  3. State the recommended value in each group | The project is missing 1-2 of the following elements:  1. List the 5 food groups  2. Provide at least 3 examples of foods in each food group  3. State the recommended value in each group | The project is missing 2-3 of the following elements:  1. List the 5 food groups  2. Provide at least 3 examples of foods in each food group  3. State the recommended value in each group | The project does NOT include any of the following elements:  1. List the 5 food groups  2. Provide at least 3 examples of foods in each food group  3. State the recommended value in each group |
| **Rationale for MyPlate and Tips for Incorporating It Into Diet** | The project displays:  1. 3 tips for incorporating MyPlate into student’s diet  2. Rationale for following MyPlate recommendations | The project is missing a few of the following elements:  1. 3 tips for incorporating MyPlate into student’s diet  2. Rationale for following MyPlate recommendations | The project is missing most of the following elements:  1. 3 tips for incorporating MyPlate into student’s diet  2. Rationale for following MyPlate recommendations | The project does NOT include any of the following elements:  1. 3 tips for incorporating MyPlate into student’s diet  2. Rationale for following MyPlate recommendations |
| **Motivation** |  | Includes a title and slogan to catch attention of reader. Is easy to spot and well-constructed. | The title and slogan are hard to view, understand, or are missing from assignment. | Does not include a title or slogan on poster/brochure. |
| **Work Time** |  |  | Student used class time appropriately to complete assignment. Student did not get distracted by peers or technology and assignment was completed on time. | Student did not use class time appropriately and was sometimes distracted.  Assignment was not completed on time. |
| **Organization and Neatness** |  |  | The project is organized and the different sections of the project are neatly labeled. | The project is hard to read and unorganized. |
| **Creativity** |  |  | The project is colorful and creative. | The project lacks creativity and does not include color. |

**Summative:** \_\_\_/10 **Comments:**