

Basics of ACEs

Objective: Define Adverse Childhood Experiences (ACEs)

Adverse Childhood Experiences ACES

San Diego Kaiser and CDC 1990s

10 Questions

- Participants included: 17,000
 - Middle class, Males
 - 70% attended college,
 - 80% White/Hispanic(?)
- Measured
 - Abuse
 - Neglect
 - Household Dysfunction

Obtained information on their experiences before 18 years of age

Philadelphia Urban ACEs Survey 2013

EXPANDED THE ASSESSMENT

22 Questions

- Participants included: 1784
 - More SES & gender diversity
 - More education diversity
 - More racial diversity
- Measured
 - Abuse, Neglect, Household dysfunction
 - Neighborhood Safety and Trust
 - Discrimination/Racism
 - Bullying
 - Living in foster care
 - Witness Violence

Adverse Childhood Experiences



A word cloud on a dark blue background featuring various terms related to Adverse Childhood Experiences. The words are in different colors (red, yellow, green) and sizes. The word 'war' is the largest and most prominent, located in the lower-left. Other large words include 'witness to violence' at the top, 'mental health' in the upper-left, and 'social exclusion' in the middle-right. Smaller words like 'abuse', 'death', 'separation', 'divorce', 'historical racism', 'domestic violence', 'foster care transitions', 'street violence', 'accidents', 'natural disasters', 'bullying', 'hospitalizations', and 'dietary restrictions' are scattered around the larger words.

witness to violence

mental health

divorce historical racism

domestic violence

abuse death foster care transitions

separation

social exclusion

war

street violence

accidents

natural disasters

bullying hospitalizations

dietary restrictions

ACES Briefing and Philadelphia Urban ACEs Study

- ACE scores above 4, more risk without intervention:
 - Suicide attempts
 - Prescribed anti-depressants (half century later)
 - Intimate relationships that were violent
 - Insecure attachments
 - Diagnosis with a mental health conditions
 - Poor health outcomes: cancer, diabetes, severe obesity, asthma